

*The Archdiocese of Boston's Office of Life and Family Ministries is offering*

# **Tools** *for an* *Exceptional Marriage;* *A Seminar for Engaged and Married Couples!*

Do you want to offer this Seminar at  
**YOUR PARISH?**

All you need to do is:

- 1) Call Kari Colella, Coordinator of Marriage Ministries (617) 746-5801;
- 2) Schedule the program dates with her;
- 3) Have a meeting space that can hold 30-60 people.

We will:

- 1) Advertise the program throughout the Archdiocese through the Monthly Mail;
- 2) Advertise the program to nearby parishes through a direct mailing;
- 3) Take all registrations through our Office and handle all communication with participants;
- 4) Make arrangements for the caterer for the meal;
- 5) Teach the Seminar.

***Comments from previous participants:***

- "Program was awesome—every parish in the Archdiocese should offer this. Please promote it!"
- "I wholly believe that without these tools, our marriage would not have survived."
- "Content was particularly practical & useful. Can think of no more valuable skills to teach or learn and bring to marriage."
- "It really works and is practical. I've noticed an obvious improvement in my marriage."
- "EXCELLENT!!"
- "Non-threatening."
- "In hindsight, would pay more."
- "My wife had to drag me here. I'm glad she did."
- "We have been seeking a 'Catholic' solution to the difficulties we face in our marriage, and we are so thrilled to have found this program!"
- "A real bargain! A small investment of time and money yielding a wealth of perspective on how to accept Christ's grace and help with daily challenges."
- "Every married and engaged couple should attend this!"

## What is this Seminar about?

This is an *educational* seminar. It is not therapy or group sharing. It is a seminar that seeks to:

- teach practical skills for communication\* and
- provide an introduction to some of the key Church teachings on marriage and family life.

### \* "State-of-the-Art Tools for an Extraordinary Marriage"

The communication skills program being taught in the seminar is the ***Prevention and Relationship Enhancement Program®*** developed out of the University of Denver ([www.prepinc.com](http://www.prepinc.com)). Based on science and tested in the real world, PREP® teaches skills and principles essential to a lasting love. The program has been featured on 20/20, 48 Hours, CNN, Good Morning America, The Today Show, and others. It is widely used by both secular and religious institutions including state programs, military programs, and churches. We will teach the one-day PREP® program in its entirety and will also provide an introduction to some of the key Church teachings on marriage and family that will have an equally important impact on making your marriage extraordinary!

## What will be covered?

### Session One (4 hours):

- *Marriage: What It Is and What It's For*
- PREP® Research & Real Life
  - Relationship Dynamic Scale
  - Danger Signs
  - Filters and Expectations
- PREP® Communicating Clearly and Safely
  - The Speaker/Listener Technique
- *The Five Love Languages* Introduction
  - Book written by Gary Chapman

### Session Two (4 hours):

- *The Theology of the Body* Introduction
  - John Paul II's writings on human love in the divine plan.
- PREP® Issues and Events
  - Working Through Hidden Issues
- PREP® Problem Solving Made Easy (Okay, maybe not *easy*, but *easier*!)
- PREP® Ground Rules For Good Communication
- PREP® Commitment
- *The Role of the Christian Family In The Modern World* Introduction
  - Church Document, 1981

## To Register:

Please call: Family Life Office at (617) 746-5801

Cost: \$85/Couple (Includes materials & light dinner)